



Optimization and validation of rapid and simple method for determination of Isoniazid and Pyrazinamide in plasma by HPLC-UV

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ABSTRACT

Clinical studies on tuberculosis treatment have shown a correlation between drug exposure and treatment failure and acquired drug resistance. Therefore, a therapeutic monitoring of TB drugs is needed to reduce side effects and to optimize treatment efficacy. The Objective of our study was to develop a high performance liquid chromatography (HPLC) method for the quantification of isoniazid and pyrazinamide. After preparation of the calibration range, the samples were processed by deproteinization solution and then injected into HPLC. The mobile phase used was a mixture of 99% of ammonium acetate solution pH 6 and 1% of acetonitrile, circulating in a column of Wakosil C18 HG (250 mm x 4,6mm; 5 µm) at 20 ° C. Firstly, a specificity and a selectivity for INH and PZA have been demonstrated, and secondly a linearity and a correlation coefficient close to 1 have been found. The coefficient of variation was less than 15% in repeatability. This rapid and rapid method was validated according to guidelines of COFRAC, and therefore applicable to therapeutic monitoring of antituberculosis drugs.

Keywords: HPLC, Isoniazid, Pyrazinamide, method validation.

INTRODUCTION

Tuberculosis (TB) remains a significant health problem in Morocco, with 30724 TB cases reported in 2014 according to the report of the World Health Organization (WHO) [1, 2]. Isoniazid (INH), rifampicin (RMP), ethambutol (EMB) and pyrazinamide (PZA) are used in combination for 6 months or more as first-line anti-TB treatment[3, 4]. Their molecular structures are represented in figure 1. The most frequent adverse effects of first line anti-TB drugs are hepatotoxicity, skin reactions, gastrointestinal and neurological disorders [5,6], they can make it necessary to modify or discontinue treatment. A multidisciplinary approach to Optimize therapeutic doses is therefore necessary [4]. The Therapeutic Drug Monitoring (TDM) can play a strategic role in the improvement of the patients care by optimizing non-toxic therapeutic doses [7]. In Morocco, The Laboratory of Toxicology and Pharmacology of Moroccan Anti Poison and Pharmacovigilance Center (CAPM-LAB) contributes to the orientation of clinicians in adjusting doses of anti-TB drugs. In this context, the objective of our study was to develop and validate a simple method for the determination of INH and PZA in plasma by High Performance Liquid Chromatography (HPLC).

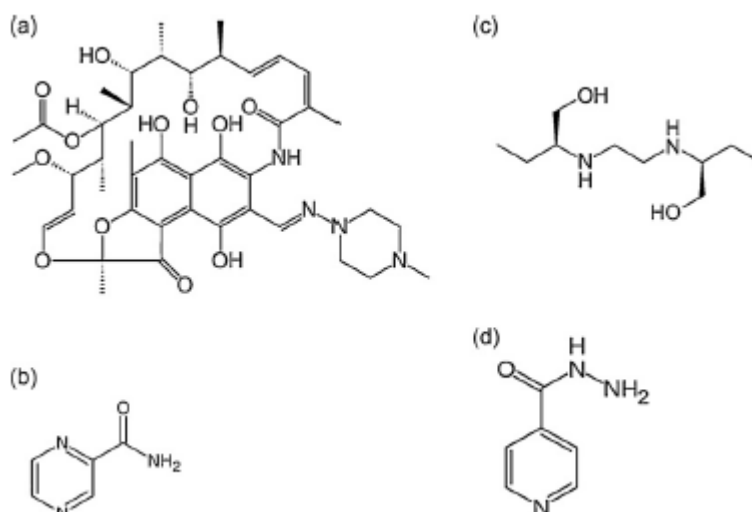


Figure 1: Molecular structures of rifampicin (a), pyrazinamide (b), ethambutol (c) and isoniazid (d) [8]

EXPERIMENTAL SECTION

2.1 Apparatus

All analysis was performed on a Shimadzu HPLC with a solvent delivery pump (LC-20AD), a UV-vis detector (SPD-10A), an autosampler (SIL-20A), and degasser (FCV-10A-ALVP). The result analysis and data integration was acquired using the Shimadzu LC-Solution software. A centrifuge from HERMLE was used to accelerate phase separation. All solutions were degassed by ultrasonification (Transsonic DIGITALS).

2.2 Chemical reagents and samples

The chemical reagents were HPLC grade solvents (Glacial acetic acid, ammonia, trichloroacetic acid, acetonitrile), all from Fluka. INH, PZA and nicotinamide (IS) standards ($\geq 99.9\%$) were purchased from Fluka. HPLC grade water was from Chromanorm. Human plasma was acquired from the National Blood Transfusion Center (Rabat, Morocco).

2.3 Chromatography conditions

The separation was made with a column of Wakosil C18 HG (250 mm x 4.6mm; 5 μ m). The HPLC mobile phase was a mixture of acetonitrile and ammonium acetate solution 0.05 M (1:99, v/v). The pH was adjusted to 6 with ammonia 1N, and the flow rate was constant at 1.2ml/min. 80 μ l of the preparation was injected into HPLC at 20°C and detection was performed at 275nm.

2.4 Sample preparation

The extraction of analytes from the plasma was carried out using liquid-liquid extraction. In short, 500 μ l of plasma and 250 μ l of deprotonization solution (IS + trichloroacetic acid) were mixed in a vortex for 1 min, after it was centrifuged at 630 \times g for 10 min. Finally, the supernatant was diluted in ammonium acetate solution 0.5 M, pH 8.2.

2.5 Validation of HPLC method

This method was validated according to the COFRAC (SH GTA 04) for specificity, selectivity, precision and stability.

RESULTS AND DISCUSSION

3.1 Specificity of the chromatographic method

The specificity of the method was studied to determine the matrix effect on the determination of INH and PZA. A comparative analysis was carried out for the blank sample (blank plasma+IS). On the basis of the chromatograms obtained; there was no significant response at the retention times of INH and PZA (Fig 2).

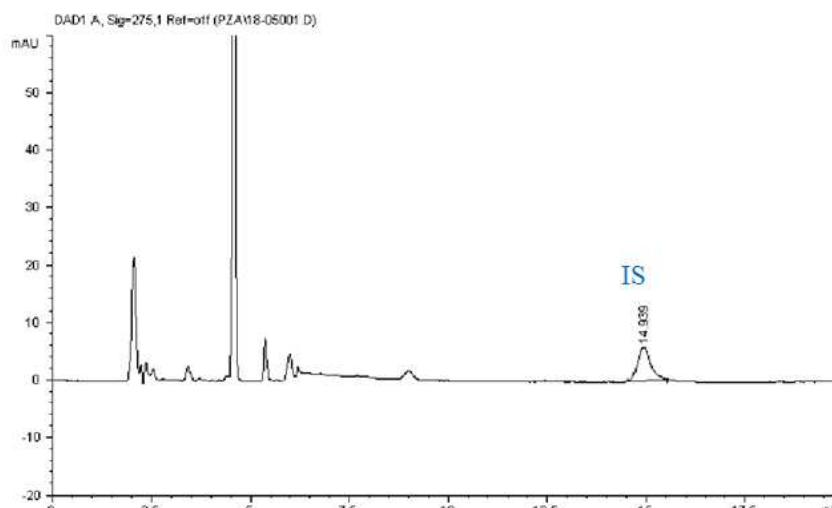


Fig 2: Specificity of the chromatographic method

3.2 Selectivity

The method is selective for INH and PZA. At each injection, we obtained the same retention time (RT): 9.628 ± 0.25 min for specific peak of INH, 13.220 ± 0.20 for PZA and 14.960 ± 0.18 for IS. The same retention times prove the selectivity of column (Fig3).

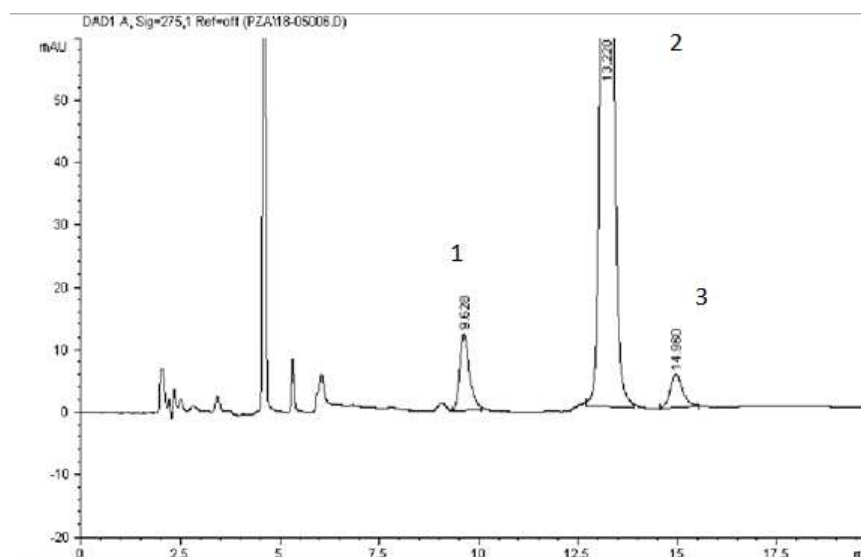


Fig 3: Chromatogram showing separations of isoniazid (1), pyrazinamide (2), nicotinamide (IS) (3)

3.3 Limits of Quantification and Detection

The limit of quantification (LOQ), defined as the lowest concentration that could be measured. The LOQ results for both molecules were $0.5 \mu\text{g/ml}$. The lower limits of detection of INH and PZA were respectively 0.10 and $0.12 \mu\text{g/ml}$.

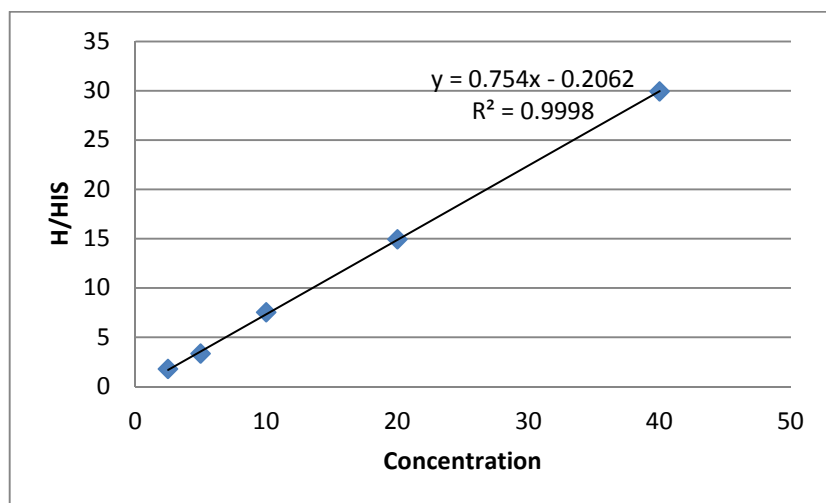
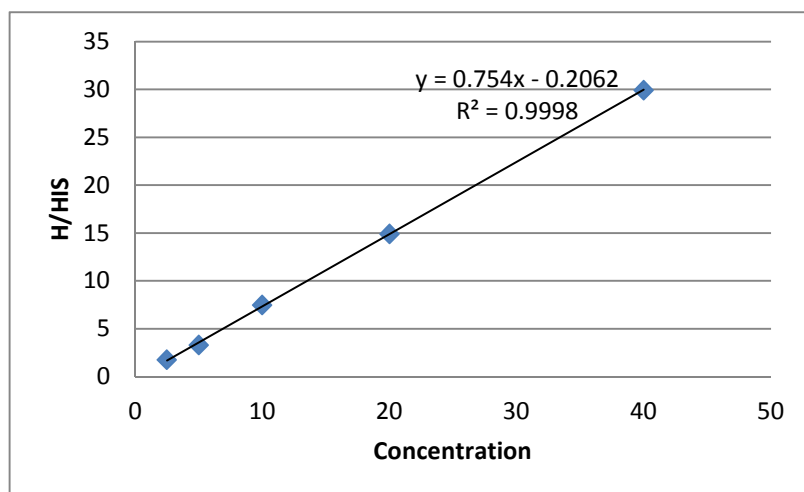
3.3 Linearity

Calibration curve was plotted by getting average of ratio of the height of drug/ height of IS (H/HIS), against the concentrations in $\mu\text{g/ml}$.

The linearity of the method was obtained between $0.5\text{--}8 \mu\text{g/ml}$ for INH and $2.5\text{--}40 \mu\text{g/ml}$ for PZA (Fig 4,5). The result was analyzed by linear regression method. The coefficients of regression of INH and PZA were respectively 0.9999 and 0.9998 (Tab 1), which confirms the linearity of method.

Table 1: Linearity parameters for INH and PZA analyzed by HPLC method

	Isoniazid	Pyrazinamide
Regression equation	Y= 0.2582x-0.016	Y=0.754x-0.2062
Correlation coefficient (r^2)	0.9999	0.9998

**Fig 4: Linearity of INH****Fig 5: Linearity of PZA**

3.4 Precision

The repeatability was analyzed in the same sample and under the same conditions for each level of concentration. Results were expressed as means of relative standard of deviation (RSD) in percent (Tab2).

The intermediate precision was analyzed from 3 independent series, each consisting of five levels of concentrations. Results were expressed as coefficient of variation (CV) in percent (Tab 2). The values that $\leq 15\%$ were accepted.

Table 2: parameters of precision for INH and PZA analyzed by HPLC method

	Concentrations of Isoniazid ($\mu\text{g/ml}$)					Concentrations of pyrazinamide ($\mu\text{g/ml}$)				
	0.5	1	2	4	8	2.5	5	10	20	40
RSD(%)	1.5	1.8	2	5	8.3	1.5	1.6	4.8	5.3	9.4
CV(%)	9.2	11	13.2	2.2	13.2	10.5	8.1	5.2	12.2	14.4

The values obtained for each concentration level prove the precision of the method.

3.5 Stability

Stability is a very important parameter that ensures the absence of significant changes in the response of the analyte with time. Stock solution stability, and plasma samples stability for 1, 2, and 3 months at -20° were evaluated. Stability was also evaluated on bench at room temperature for 8 hours and at the autosampler for 24 h. All stability tests were performed on each drug analyzed by comparison of the peak area of fresh stock solution with those at different storage times. Stability studies showed that stock solutions and quality controls (QCs) are stable (degradation less than 20%) in the storage for at least 3 months. Bench top stability test showed that the two analytes in plasma samples are stable if placed at room temperature for 8 hours. The same results were obtained for samples placed in the autosampler.

CONCLUSION

The purpose of this assay was to validate a simple HPLC method for the quantification of isoniazid and pyrazinamide in order to make the treatment more effective by reducing the severity of side effects, and optimizing the doses administered. The results: linearity, repeatability, intermediate precision, selectivity and specificity confirm that the method is reliable and can be applied to patients.

Acknowledgements

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