



Research Article

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## Characteristics analysis and development research on sports art

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### ABSTRACT

*In every discipline, all fields of mutual infiltration and influence each other development of the Times, sports and art relationship problems are also gradually emerges. These sports affect the development of art and culture, art and culture guide sports development that judgment is more people concern. The author thinks that the premise of sports since is a kind of culture. It should have the characteristics of the culture that artistic characteristic. Through referring the foreign and domestic literatures related to sports, and the nature of art as the starting point, the development of sports in the course of sports and art gradually permeating process, sports art and characteristics of sports art development trend analysis, so as to explore sports artistic charm.*

**Key words:** Sports, Art, Characteristic, Development, Research

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### INTRODUCTION

Culture has diversity and permeability characteristics since ancient times. When it is developing up to now, the diversity and cross-cutting it reflects become even more prominent. The physical culture and art culture as two different cultural forms, the relationships between them become more close together in the process of the society development, until now arousing an upsurge of combining sports and art. To cite an example, in comprehensive colleges and sports colleges set up sports art majors, which also embodies the art of sports development direction. The combination of sports and art has become inevitable, but this is not to say that the sport will be entirely art. As living standards improve and people's material life is satisfied, sports art is a product that spirit and healthy living is gradually valued.

Our research progress on this issue in China and some scholars put sports in a certain cultural context and explore the meeting point of the sport and the arts. They believe that the emergence of the "aesthetic athletics" changed people's sports values, to make people aware of the aesthetic value of sport. The emergence of art sports is exactly the results that people pay attention to sports practical value and place emphasis on the aesthetic value at the same time. Some scholars also conducted specialized analysis of the relation between sport and art, represented by Hou Dianyun scholars pointed out that: on micro level, sports art is not the sport into an art, but to value diversify of sport [1]. Sports art not only enriches sports manifestations, but also abounds the aesthetic connotation of sports, which is the inevitable result of the cultural development. He divided sports art into three ways, that is, the surface layer, ontology layer and inner nuclear layer. Western research on the relationship between sport and art have been fruitful, Watts pointed out the ways of integrating the sport and art are the modification of the rules, which will gradually make the playground into a sacred place of art. The music will be the intermediary of sports and art and music can make us truly feel the artistry of the sport. Roberts believes that art, like sports, its purpose and results can be separated from each other. Watts also pointed out that the ways of integrating the sport and art are the modification of the rules, which will gradually make the playground into a sacred place of art. The music will be the intermediary of sports and art and music can make us truly feel the artistry of the sport. Someone thinks the art will be sufficient as long as it displays and reflects the value of life, and sports can also do this [2].

The discussion of the relationship between sports and art at home and abroad was a long time, but eventually ended

in “Sports is not art”. The author conducts research and exposition of sports art as starting points from the artistic development of the sports features and sports and artistic relationship.

### Sport and art historical origins

The historical origins of the sport and the arts have been clearly seen by Fig.1. Sport is an indispensable important component of human social activity. In the social life of increasingly developed human civilization, all along social progress and development the functions and roles of sports are recognized by more social workers and more and more people are involved in sport activities in the tide. Sports formation of culture is also the gradual accumulation of cultural activities in the process of history development. There is a record of earlier Chinese historical data that the human, in primitive times, have taught the habits of basic life skills, such as going, running, jumping, throwing and others. In other words, this is an embryonic stage of sports activities in the course of human development and is also an original state in the teaching process of physical activity skills. Javelin and archery, track and field events in modern sports activities, stem from the life skills of the ancient human hunting. The emergence of word creates the conditions for the progress of human civilization and cultural development.

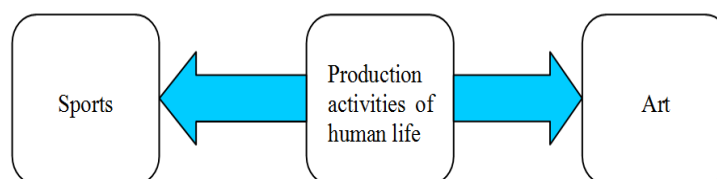


Fig.1: Sports, art origin and human life, production diagram

The interpretation of art since ancient times is “art originates from life and higher than life”. That is the source of art is life practice, reflects the social life is also a miniature, which in turn social environment, life practice experiences influence the performance of art. That is the source of art comes from life practice and also reflects a microcosm of the social life; in turn, the social environment and the practical experience of life influence the performance of art. For example, our ancestors performed and recorded people's day-to-day production, life activities and celebration, ritual activities in the form of painting and dancing. China's ancient ritual activities stem from their ignorance and fear of nature. To increase admiration and mystery of God through the ritual activities, with some of the props, such as animal bones, feathers, animal carcasses and some physical action to disperse the fear of spiritual, all of this is the first manifestation of the art, and also the prototype stage of a combination of sport and art. Sports and art were derived from living and production practice of social life and have changed in form and content along with the progress and development of human. For further origin, sports and art can not be separated from the people's production, life and practice; in this sense, sports and art are the same.

### Sports art new characteristics

Sports and art have mutually fused and contacted, which undoubtedly enrich sports performance form and the content and connotation of art. The relationship between them can be seen from the Fig.2.

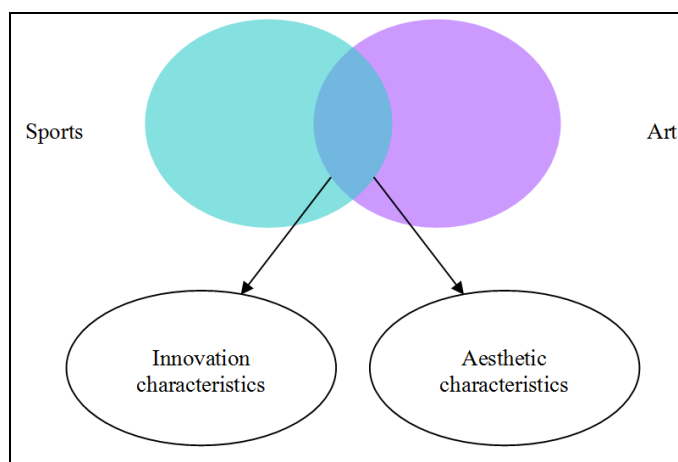


Fig.2: Sports and art of combining the characteristics diagram

### Sports art innovative characteristics

Innovation is the unique value of art and its characteristics are more prominent after the fusion of sports and art. The interpenetration of Sports and art will make sport activities richer and more colorful in the form and content of the project, so as to attract more people to participate in physical activity and fitness trend, to achieve the purpose of universal participation and national fitness. The reason for saying so is that a considerable portion of the people who participate in sports activities, especially young people, the purposes of their exercise, in addition to fitness to enhance physical fitness, in large part, are the sports unique artistic manifestations infections, especially in recent years the rise of new fashion fitness project whose artistic performances are more outstanding. The emergence of new project fully reflect the artistic innovation of sports, which not only widens the sports activity scope and form, but also interprets sports artistic beauty with the aesthetics, to make people from another angle understand, appreciate and feel the aesthetic enjoyment of sports bringing to people.

Art show of sports make sports activities new innovation in sports content, form of exercise, including the method; with the coordinated development, art itself manifestations and artistic creative material get the enrichment and development. Sports activities through the artistic means to show the charm of sports and art through the sports spirit and charm to create more appeal works, among these various forms of artistic expression, include painting, photography, dance, sculpture, articles and so on. In General, sports and art are inseparable connection, along with the social life constantly improvement and enhancement the relation will be closer, the mutual infiltration inseparable.

### Sports art aesthetic characteristics

The combination of sports and art is based on the sports aesthetic value. From the aesthetic perspective physical beauty is art in the performance of sport. Sports art is to make the inner beauty and outer beauty of sports activities perfect embodiment together. If you want to enjoy sports artistic beauty, you must have aesthetic art accomplishment, only in this way can you realize the real meaning of sports art, which shows that the aesthetic characteristics is an important feature of sports arts. Sports development and innovation can not be separated from aesthetic characteristics, so in the future path of development; we must follow the law of aesthetics to win space for development and based on; there is no way out if you leave the aesthetic characteristics.

No matter what field, as long as it is referred to, art can not be separated aesthetic significance, because aesthetic characteristics is the unique characteristic of art. Beauty of sports arts from two aspects, one is outer beauty by physical exercisers unfolded self charm; the other is the inner beauty that sports activities appreciators improve their aesthetic consciousness and aesthetic ability, improve their self-cultivation and enhance the perception, understanding and appreciation of artistic beauty through watching and participating in sports competitions and performances. Ultimately it is to achieve the role of charisma to attract more people to actively participate in sports activities.

### Sports Art Development

#### The art development of the competitive sports

Olympic Games short for "the World Olympic Games", is the biggest sporting event in the world. Since ancient Greece hosted the first Olympic Games, it carries the task of combining sports beauty and art beauty. Intense competition scenes in the sports arena and players' focused and confident performance provide a wealth of material for art, while the face-to-face competitive performances of the players are all filled with art color. Not so much the Olympic Games are sports event, rather art event. The internationalization of sports will promote the internationalization of art, making the world cultural integral development and forming of international system, which may be Coubertin expected. The Olympics Games is doomed to show the historical mission of art beauty from the outset. The Occasion of the opening of the Olympic Games in Melbourne in 1956, the Olympic Arts Festival, held for the first time, now every Olympic Games, a host country's ethnic, folk culture and art show, and a variety of representative national works are on display in the opening ceremony of the Olympic Games, making sports and art more closely integrate, mutual fusion and promotion and laying the foundation for the development and prosperity of the sports culture. The sports events provide platform and link for art performances [3].

Table 1: 1997-2012 Olympic cycle artistic gymnastics art scores change table

Cycle	Special Artistry/ Instrument difficulty		Basic choreography/Art		Total Score
	Score	Ratio (%)	Score	Ratio (%)	
1997	0.3(A2)	3.0	5.7(A2)	27.0	20
2001	3.0(A2)	7.5	7(A2)	17.5	30
2005	7.0(A)	17.5	3(A2)	7.5	20
2009	10(D2)	16.5	10(A)	33.0	30

In the situation that sports art development trends gradually highlight, competitive sports are inevitably affected. In the international competition there are a lot of sports projects that show sports artistry, such as, the most representative, figure skating, synchronized swimming, rhythmic gymnastics, diving, gymnastics, aerobics, etc., which not only requires Athletes' difficult, high standards action, but also puts forward higher requirements on the athletes' performances, the beautiful degree of the movement. Not only have that, these coaches and referees, in addition to with certain difficulty skills knowledge, also had a strong aesthetic ability. So, this kind of project from selection of athletes has attaches great importance to the aesthetic value, and has requested on the athletes' physical beauty of the body shape. HuoErJinNa was praised "gymnastics queen" by the world gymnastics community, because not only her action was superior in difficulty, new, steady and beauty, but HuoErJinNa beautiful body shape is rare in competitive gymnastics community. Competitive sports art is also reflected in competitive arena a set of movement's success or not depends on many aspects, including the mood of action choreography, sets of actions beauty, rhythm, physical beauty, the original beauty, clothing and so on. Performances and displays of athletes physical and emotional blending impress and infect the referee and the audience to get more support and scores, therefore aesthetic artistry throughout the entire competition. In rhythmic gymnastics project, for example, through the table 1 we can also see that artistic value is more and more valued [4]. Through the modification and enrichment of the rules, the true nature of art is restored and more embodies the characteristics of the art itself, which is "artistic beauty".

### Art development of mass sports

The tide of the artistic development of the sports, mass sports, without exception, is affected, which is performed in the introduction and the rise of the emerging dance class project. The dance class sports fitness projects are loved by the majority of fitness enthusiasts who finish body workout through enjoying the melodious music, rhythmic activities in various parts of the body and in the state of mental and physical pleasure. Table 2 is questionnaires randomly issued to the 500 fitness exercisers, in the form of on-site recycling, which is to explain that music exercises have been adopted and accepted by more and more people. People take a multi-element choice of the fitness music, breaking the previous situation of a tune from the head to the toe. In a track interspersed with music of a variety of style and multiple elements, the rhythm of music is alternately fast or slow so that people appreciate the beautiful sounds of music and at the same time complete physical exercise. And then the love for body-building programs is improved, and fitness motivation were mobilized, leading people initiative to participate in some competitions and performances to show ego charm, which can't help but improve requirements of the artistic value [5]. Not only does each individual improve his own artistic accomplishment, but the whole team should have a strong artistry from music, action choreography, costume accessories to action.

Table 2: Fitness Group on music usage statistics

Use music situation	Often use	Occasionally use	Rarely use	Don't use
Selection frequency	74.6%	22%	2.4%	1%

In development of the sports art, the traditional sports art also prominent, such as martial arts aerobics, kick-boxing and other emerging projects are derived from traditional martial arts action and martial arts fighting action, changing development directions from defense martial art to performance and appreciation.

Table 3: Fitness crowd's requirements of the art design for sports venues and facilities questionnaire

Demand state	Great need	Need	Doesn't matter	Don't need	Completely don't need
Number	19	290	107	54	9
Percentage	3.8%	58.2%	25.4%	10.8%	1.8%

In addition, the activity place is also in artistic change. In the background that country vigorously promotes national fitness, fitness trails and fitness sites funded by the government are built; relevant departments provide that there are social resident activities places and fitness facilities in the new district, fitness facilities designed and equipped with not only practical, but also some landscaping. Through Table 3 questionnaires of randomly issued to the 500 fitness exercisers, surveyed in the form of on-site recycling, demand survey of fitness crowd's requirements of the art design for sports venues and facilities shows the vast majority of people want a places with certain artistic designs to exercise and believe Sports ground and facilities for art design is necessary [6]. The multifunctional fitness facilities built in the park of a beautiful environment, the community space and public places, the colorful undoubtedly become a beautiful scenery line in the city; all kinds of fitness place and fitness sites in order, everyone dances to the beautiful music, sketching a dynamic art picture of the city [7-8].

### The school sports artistic characteristics

Along with the mass sports in full swing, sports art development road broader, the school sports art development has become a necessity. Artistic quality is required for Teachers' teaching; boring and hard physical education is not a

burden on students, but love and attention to students so that more students are willing and happy to participate in the study and exercise of physical education. School sport is the dual embodiment of science and art, and its scientific means sports must follow the characteristics of the human body structure, the basic laws of physical activity and law of human body physiology, etc.; its artistic quality refers to that the physical activity at the same time pay attention to external performance, that is, aesthetic reflect [9]. When students study and master sports skills and methods, the sports beauty through the body to show, the sport became a comprehensive experience activity of fitness and cheerful mood, which is also one of the basic conditions that students select sports projects during learning period. To motivate students to participate in physical fitness activities through a combination of sports and art, adhere to and carry on long-term physical fitness activities, providing conditions for lifelong physical [10].

### CONCLUSION

Sports are a cultural activity while art is a cultural form; sport art is self-evident. Since it generated, sports associated with the art. They are homologous and both are originated from the production, life and practice of primitive society. They are created in the river of history, mutual fusion, and mutual infiltration, mutual influence and harmonious development. not only does artistic development of sports enrich the content and form of the sport, but also it is more important to make sports value to be fully reflected through the development of sports art; the more people with attention and love to sport participate in the fitness team to fully promote and improve physical and mental health.

The sports art development is an inevitable and unstoppable. With the development of society, the development of sports art appears more and more obvious, until it is difficult to distinguish from each other. The boundaries between the two are more blurred indicating their relationship much closer. This fully demonstrates that the sports future development road, to meet people's spiritual pursuit is the ultimate goal, illustrating the value of sports culture at the same time. As the physical, economic life of the people gradually is satisfied, the people will pursue a higher level of spiritual and cultural life, which is a manifestation of social civilization in progress.

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