



## Bio-analytical method development and validation of Valsartan by precipitation method with HPLC-MS/MS: Application to a pharmacokinetic study

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### ABSTRACT

The most suitable bio-analytical method based on Precipitation method has been developed and validated for quantification of Valsartan in Rat plasma. Valsartan D9 was used as an internal standard for Valsartan. Thermo Hypurity C18 (4.6mm x 150 mm, 5.0 μm) column provided chromatographic separation of analyte followed by detection with mass spectrometry. The method involved simple isocratic chromatographic condition and mass spectrometric detection in the positive ionization mode using an API-4000 system. The total run time was 3.0 minutes. The proposed method has been validated with the linear range of 0.50 – 20000.00 ng/mL for Valsartan. The intra-run and inter-run precision values were within 1.3 to 2.5% and 2.1 to 3.2% respectively for Valsartan. The overall recovery for Valsartan and Valsartan-D9 was 86.9% and 86.7% respectively. This validated method was successfully applied into the pharmacokinetic study of rat plasma.

**Keywords:** HPLC-MS/MS; Valsartan; Rat Plasma, Precipitation extraction; Pharmacokinetic study.

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### INTRODUCTION

Valsartan is chemically described as *N*-(1-oxopentyl)-*N*-[[2'-(1*H*-tetrazol-5-yl) [1,1-biphenyl]-4-yl]methyl]-L-valine. Its empirical formula is C<sub>24</sub>H<sub>29</sub>N<sub>5</sub>O<sub>3</sub>. Its molecular weight is 435.5. Valsartan peak plasma concentration is reached 2 to 4 hours after dosing. Valsartan shows biexponential decay kinetics following intravenous administration, with an average elimination half-life of about 6 hours. Absolute bioavailability for the capsule formulation is about 25% (range 10%-35%). Food decreases the exposure (as measured by AUC) to valsartan by about 40% and peak plasma concentration (C<sub>max</sub>) by about 50%. Valsartan, when administered as an oral solution, is primarily recovered in feces (about 83% of dose) and urine (about 13% of dose). Valsartan is highly bound to serum proteins (95%), mainly serum albumin. Following intravenous administration, plasma clearance of valsartan is about 2 L/h and its renal clearance is 0.62 L/h(1-14).

Literature survey reveals that, Few methods were reported in pharmacokinetics of valsartan in rat plasma [1-2], human plasma [3-14]. Several methods reported for quantification of valsartan by using LC-MS [15-26], UPLC [27], HPLC [28-57]. Among all LC-MS [15-26] reported methods are having highly scientific merits in clinical pharmacokinetics. Few methods reported in pharmaceutical [15, 16], Biological matrices by LC-MS [17-26].

Among all only one method [17], reported in rat plasma for quantification. The reported method [17] in rat plasma developed by using Solid phase extraction method.

The main aim of the present research is to develop and validate simple, selective, rugged and reproducible method in rat plasma for clinical pharmacokinetic studies.

### EXPERIMENTAL SECTION

Valsartan and Valsartan D9 (Fig.1) were obtained by VARDA Biotech (P) Ltd. Mumbai. LC grade methanol, acetonitrile were purchased from J.T. Baker Inc. (Phillipsburg, NJ, USA). Reagent grade formic acid was procured from Merck (Mumbai, India).

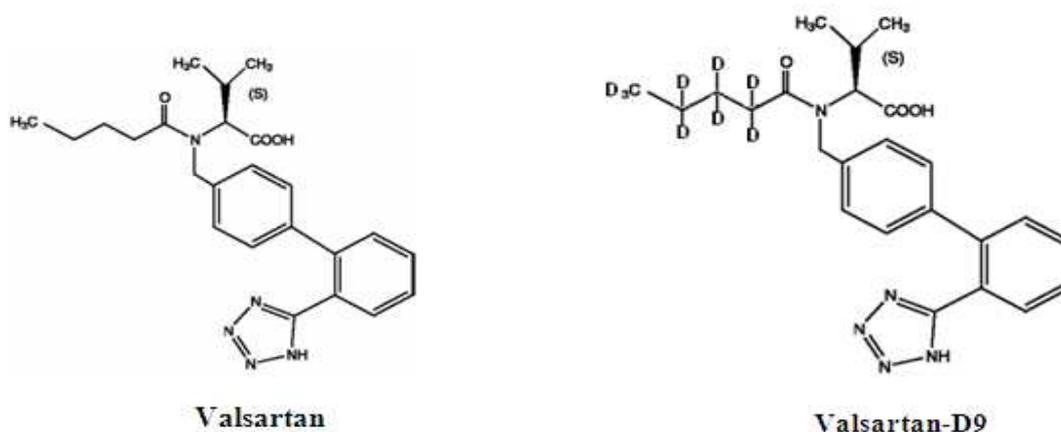


Fig. 1. Chemical structures of Valsartan and Valsartan D9

#### 2.1. Instrumentation

HPLC system (1200 series model, Agilent Technologies, Waldbronn, Germany), Mass spectrometry API 4000 triple quadrupole instrument (ABI-SCIEX, Toronto, Canada) multiple reaction monitoring (MRM) with positive ionization mode was used. Data processing was performed on Analyst 1.4.1 software package (SCIEX).

#### 2.2. Detection

The mass spectrometer was operated in the multiple reaction monitoring (MRM) mode. Sample introduction and ionization were electro spray ionization in the positive ion mode. Sources dependent parameters optimized were as follows: nebulizer gas flow: 30 psi; curtain gas flow: 25 psi; ion spray voltage: 5500 V; temperature (TEM): 500°C. The compound dependent parameters such as the declustering potential (DP), focusing potential (FP), entrance potential (EP), collision energy (CE), cell exit potential (CXP) were optimized during tuning as 35, 25, 10, 20, 12 eV for Valsartan and Valsartan D9, respectively. The collision activated dissociation (CAD) gas was set at 4 psi using nitrogen gas. Quadrupole 1 and quadrupole 3 were both maintained at a unit resolution and dwell time was set at 200 ms for Valsartan and Valsartan D9. The mass transitions were selected as  $m/z$  436.2  $\rightarrow$  235.1 for Valsartan and  $m/z$  445.3  $\rightarrow$  235.1 for Valsartan D9. The parent and product ion spectra for Valsartan and Valsartan D9 are represented in Figs. 2a-2d respectively. The data acquisition was ascertained by Analyst 1.5.1 software.

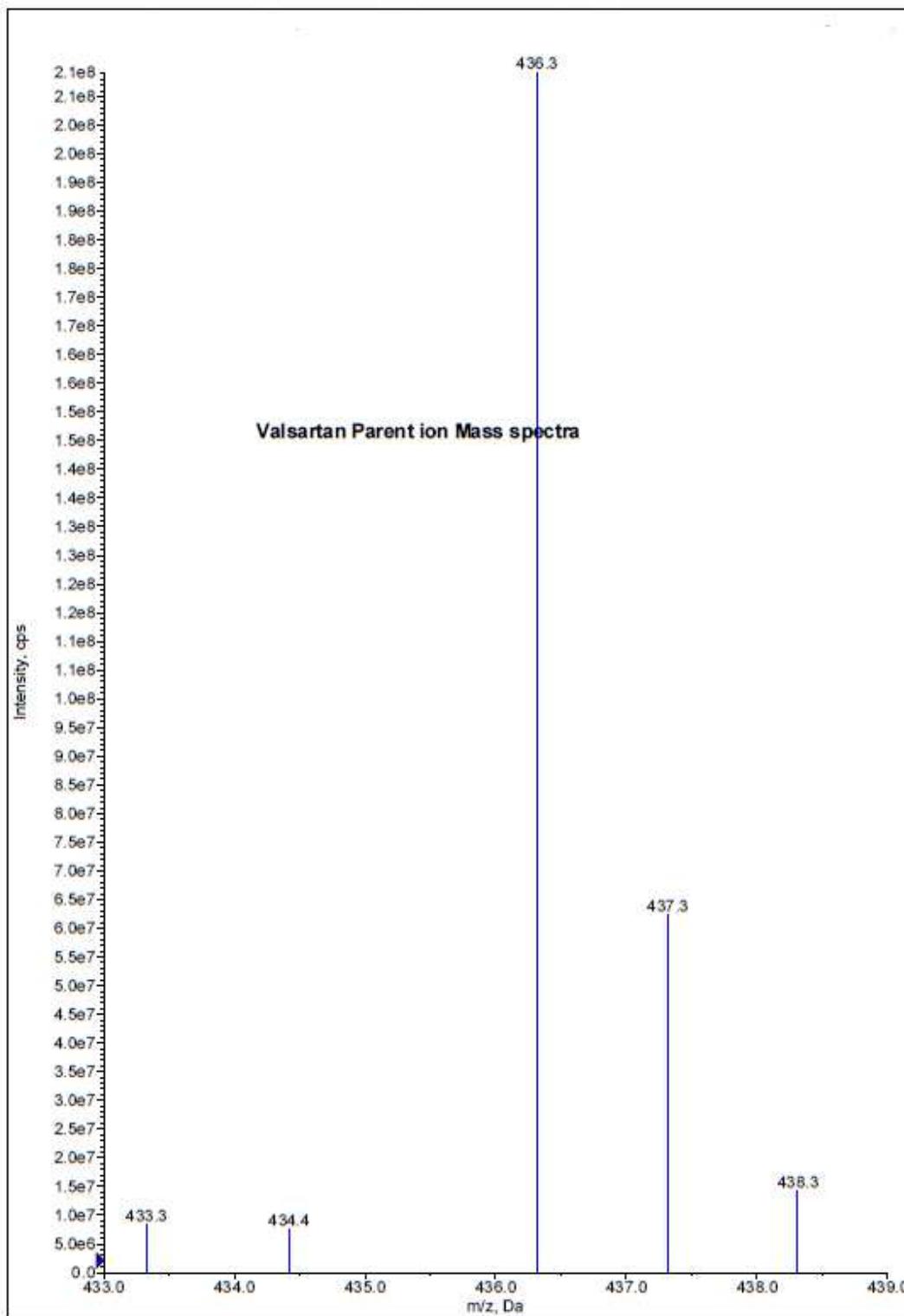


Fig.2a. Mass spectrum of Valsartan Parent ion.

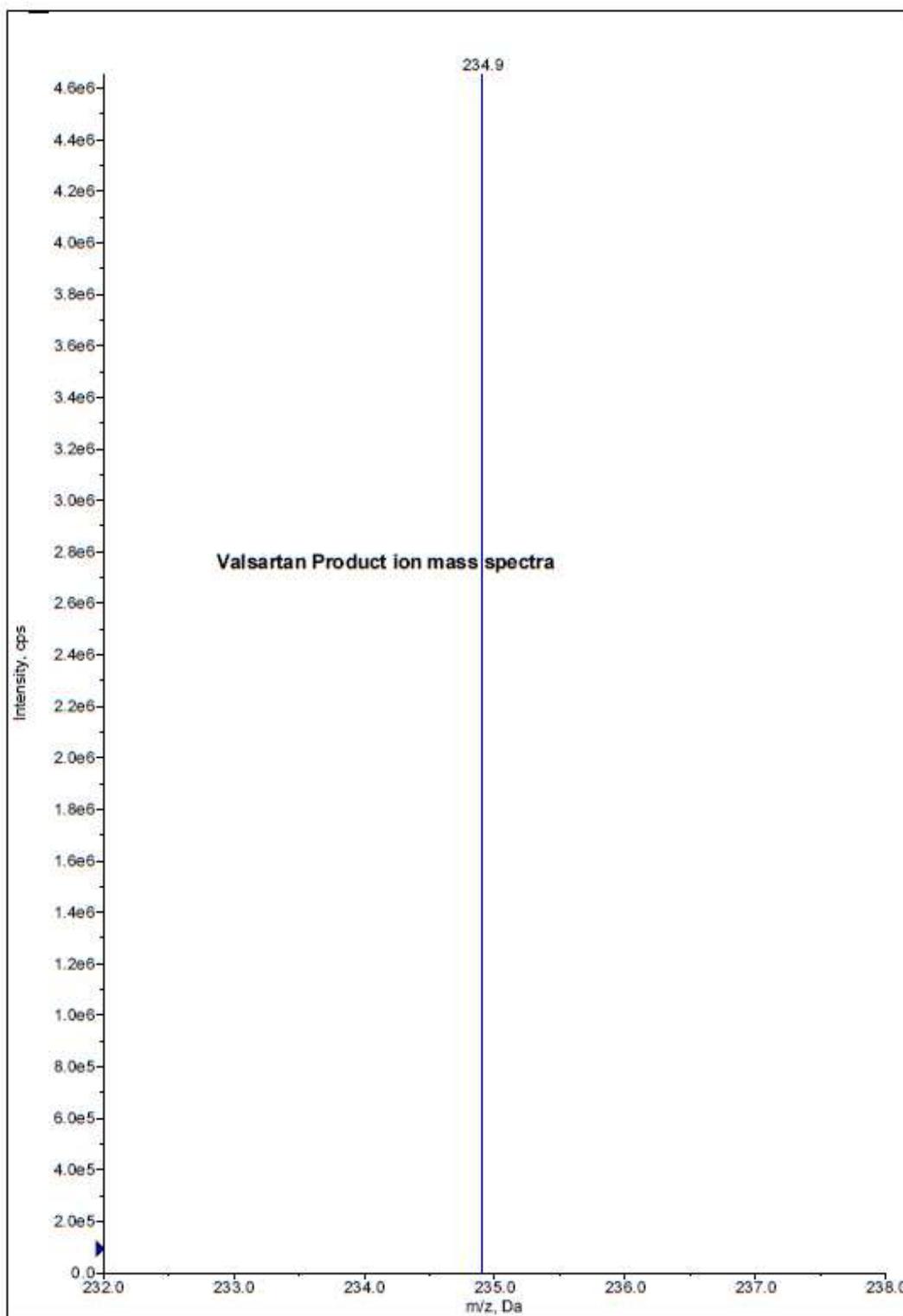


Fig.2b. Mass spectrum of Valsartan Product ion.

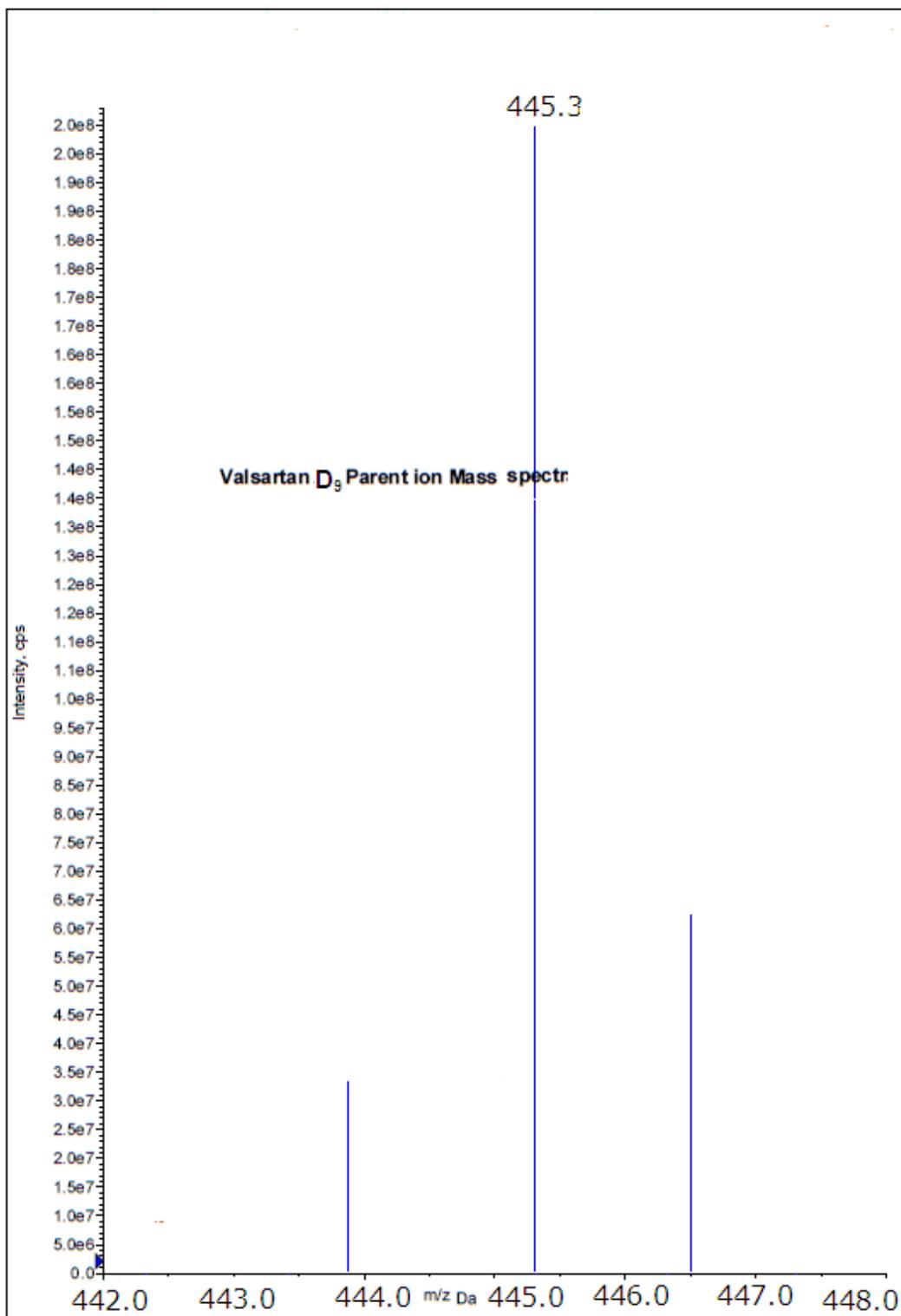


Fig.2c. Mass spectrum of Valsartan Parent ion.

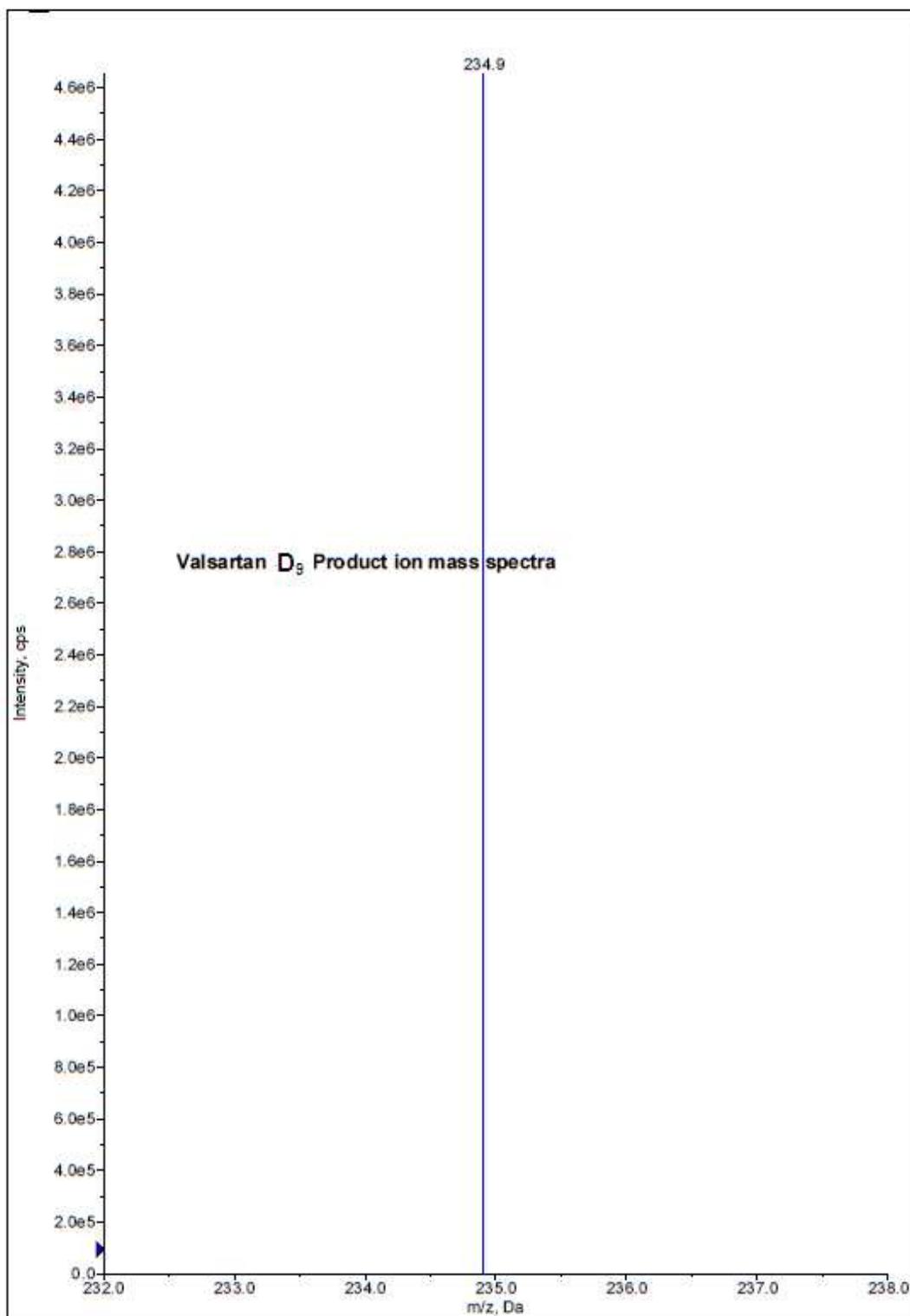


Fig.2d. Mass spectrum of Valsartan D<sub>9</sub> Product ion.

### 2.3. Chromatography

Ascentis Express C18 (4.6mm x 50 mm, 2.7  $\mu$ m) was selected as the analytical column. Column temperature was set at 30°C. Mobile phase composition was 0.1% formic acid: methanol (25:75, v/v). Source flow rate was 600  $\mu$ L/min without split with injection volume of 20  $\mu$ L. Valsartan and Valsartan D9 were eluted at  $1.4 \pm 0.2$  min, with a total run time of 3.0 min for each sample.

### 2.4. Calibration curve and quality control samples

Two separate stock solutions of Valsartan were prepared for bulk spiking of calibration curve and quality control samples for the method validation exercise as well as the sample analysis. The stock solutions of Valsartan and Valsartan D9 were prepared in milli-Q-water at free base concentration of 1000  $\mu$ g/mL. Primary dilutions and working standard solutions were prepared from stock solutions using 75% methanol solvent mixture. These working standard solutions were used to prepare the calibration curve and quality control samples. Blank rat plasma was screened prior to spiking to ensure it was free of endogenous interference at retention times of Valsartan and internal standard Valsartan D9. Eleven point standard curve and four quality control samples were prepared by spiking the blank plasma with an appropriate amount of Valsartan. Calibration samples were made at concentrations of 5.00, 10.00, 50.00, 100.00, 500.00, 1000.00, 2000.00, 4000.00, 6000.00, 8000.00 and 10000.00 ng/mL and quality control samples were made at concentrations of 5.00, 15.00, 3000.00 and 7000.00 ng/mL for Valsartan.

### 2.5. Sample preparation

Precipitation extraction method was used to isolate valsartan, and its respective IS from Rat plasma. For this, 50  $\mu$ L of IS (1000.00 ng/mL) and 100  $\mu$ L of plasma sample (respective concentration) was added into labeled polypropylene tubes and vortexed briefly after that 350  $\mu$ L of acetonitrile was added and vortexed for approximately 3 minutes followed by centrifuged at 14000 rpm for approximately 3 min at ambient temperature. 100  $\mu$ L of Supernatant from each sample was transferred to labeled vial tube containing 100  $\mu$ L of 0.1% formic acid and vortexed briefly and then transferred the sample into auto sampler vials for injection.

### 2.6. Selectivity

Selectivity was performed by analyzing the six different rat blank plasma samples to test for interference at the retention times of analyte.

### 2.7. Matrix effect

Matrix effect for Valsartan and IS was evaluated by comparing peak area ratio in post-extracted plasma sample from 6 different drug-free blank plasma samples and aqueous reconstitution samples. Experiments were performed at LQC and HQC levels in triplicate with six different plasma lots with the acceptable precision (%CV) of  $\leq 15\%$ .

### 2.8. Precision and accuracy

It was determined by replicate analysis of quality control samples ( $n = 6$ ) at lower limit of quantification (LLOQ), low quality control (LQC), medium quality control (MQC), high quality control (HQC) levels. The % CV should be less than 15%, and accuracy should be within 15% except LLOQ where it should be within 20%.

### 2.9. Recovery

The extraction efficiencies of Valsartan and Valsartan-D9 were determined by analysis of six replicates at each quality control concentration level for Valsartan and at one concentration for the internal standard Valsartan-D9. The percent recovery was evaluated by comparing the peak areas of extracted standards to the peak areas of non extracted standards.

### 2.10. Stability

**Stock solution stability** was performed by comparing the area response of analyte and internal standard in the stability sample, with the area response of sample prepared from fresh stock solution. **Stability studies in plasma** were performed at the LQC and HQC concentration levels using six replicates at each level. Analyte was considered stable if the change is less than 15% as per US FDA guidelines [58]. The stability of spiked rat plasma samples stored at room temperature (bench top stability) was evaluated for 24 h. The stability of spiked rat plasma samples stored at 2-8°C in autosampler (autosampler stability) was evaluated for 65 h. The autosampler sample stability was evaluated by comparing the extracted plasma samples that were injected immediately (time 0 h), with the samples that were reinjected after storing in the autosampler at 2-8 °C for 25.5 h. The freeze-thaw stability was conducted by comparing the stability samples that had been frozen at -30 °C and thawed three times, with freshly spiked quality

control samples. Six aliquots each of LQC and HQC concentration levels were used for the freeze–thaw stability evaluation. For long term stability evaluation the concentrations obtained after 45 days were compared with initial concentrations.

### 2.11. Application of method

The validated method has been successfully used to analyze Valsartan concentrations in rat plasma. The study was conducted according to current GCP guidelines. Before conducting the study it was also approved by an authorized animal ethics committee. There were a total of 9 blood collection timepoints including the predose sample. The blood samples were collected in separate vacutainers containing K<sub>2</sub>EDTA as anticoagulant. The plasma from these samples was separated by centrifugation at 3000 rpm within the range of 2–8 °C. The plasma samples thus obtained were stored at –30 °C till analysis. Post analysis the pharmacokinetic parameters were computed using WinNonlin® software version 5.2 and 90% confidence interval was computed using SAS® software version 9.2.

## RESULTS AND DISCUSSION

### 3.1. Method development

During method development, different options were evaluated to optimize mass spectrometry detection parameters, chromatography and sample extraction.

#### 3.1.1. Mass spectrometry detection parameters optimization

Electro spray ionization (ESI) provided a maximum response over atmospheric pressure chemical ionization (APCI) mode, and was chosen for this method. The instrument was optimized to obtain sensitivity and signal stability during infusion of the analyte in the continuous flow of mobile phase to electrospray ion source operated at a flow rate of 20 µL/min. Valsartan gave more response in positive ion mode as compare to the negative ion mode. The predominant peaks in the primary ESI spectra of Valsartan and Valsartan-D9 correspond to the MH<sup>+</sup> ions at m/z 436.2 and 445.3 respectively. [Fig.2a, Fig2c]. Product ions of Valsartan and Valsartan-D9 scanned in quadrupole 3 after a collision with nitrogen in quadrupole 2 had an m/z of 235.1 for both respectively. [Fig.2b, Fig2d].

#### 3.1.2. Chromatography optimization

Initially, a mobile phase consisting of ammonium formate and acetonitrile in varying combinations was tried, but a low response was observed. The mobile phase containing acetic acid: acetonitrile (30:70, v/v) and acetic acid: methanol (25:75, v/v) gave the better response, but poor peak shape was observed. A mobile phase of 0.1% formic acid in water in combination with methanol and acetonitrile with varying combinations was tried. Using a mobile phase containing 0.1% formic acid in water in combination with methanol (25:75, v/v), the best signal along with a marked improvement in the peak shape was observed for Valsartan and Valsartan D9. Short length columns, such as Symmetry Shield RP18 (50mm x 2.1 mm, 3.5 µm), Inertsil ODS-2V (50mm x 4.6 mm, 5µm), Ascentis Express C18 (50mm x 4.6 mm, 2.7 µm) and Hypurity Advance (50mm x 4.0 mm, 5 µm) YMC basic (50mm x2 mm, 5µm), Zorbax Eclipse Plus C18, (2.1mm x 50 mm, 3.5 µm) were tried during the method development. The best signal and good peak shape was obtained using the Ascentis Express C18 (50mm x 4.6 mm, 2.7 µm), column. It gave satisfactory peak shapes for both Valsartan and Valsartan D9. Flow rate of 0.6mL/min without splitter was used and reduced the run time to 3.0 min. Both drug and internal standard were eluted with shorter time at 12 min. For an LC-MS/MS analysis, utilization of stable isotope-labeled or suitable analog drugs as an internal standard proves helpful when a significant matrix effect is possible. In our case, Valsartan D9 was found to be best for the present purpose. The column oven temperature was kept at a constant temperature of about 30°C. Injection volume of 20 µL sample is adjusted for better ionization and chromatography.

#### 3.1.3. Extraction optimization

Prior to load the sample for LC injection, the co-extracted proteins should be removed from the prepared solution. For this purpose, initially we tested with different extraction procedures like Protein precipitation (PPT), Liquid-liquid extraction (LLE) and Solid phase extraction(SPE). We found less ion suppression effect in protein precipitation method for drug and internal standard. Further, we tried with SPE and LLE. Out of all, we observed protein precipitation is suitable for extraction of drug and IS. Auto sampler wash is optimized as 100% methanol. Several compounds were investigated to find a suitable IS, and finally Valsartan D9 was found to be the most appropriate internal standard for the present purpose. There was no significant effect of IS on analyte recovery, sensitivity or ion suppression. High recovery and selectivity was observed in the Precipitation method. These

optimized detection parameters, chromatographic conditions and extraction procedure resulted in reduced analysis time with accurate and precise detection of Valsartan in rat plasma.

### 3.2. Method validation

A thorough and complete method validation of Valsartan in rat plasma was done following US FDA guidelines [58-59]. The method was validated for selectivity, sensitivity, matrix effect, linearity, precision and accuracy, recovery, reinjection reproducibility and stability.

#### 3.2.1. Selectivity and sensitivity

Representative chromatograms obtained from blank plasma and plasma spiked with a lower limit of quantification (LOQ) sample are shown in Fig. 3 and Fig. 4., for Valsartan and Valsartan D9. The mean % interference observed at the retention time of analytes between six different lots of rat plasma, containing K<sub>2</sub>EDTA as an anti-coagulant calculated for Valsartan and Valsartan D9 respectively, which was within acceptance criteria. Six replicates of extracted samples at the LLOQ level in one of the plasma sample having least interference at the retention time of Valsartan were prepared and analyzed. The % CV of the area ratios of these six replicates of samples was 1.4% for Valsartan, confirming that interference does not affect the quantification at LLOQ level. The LLOQ for Valsartan was 5.00 ng/mL. All the values obtained below 5.00 ng/mL for Valsartan were excluded from statistical analysis as they were below the LLOQ values validated for Valsartan.

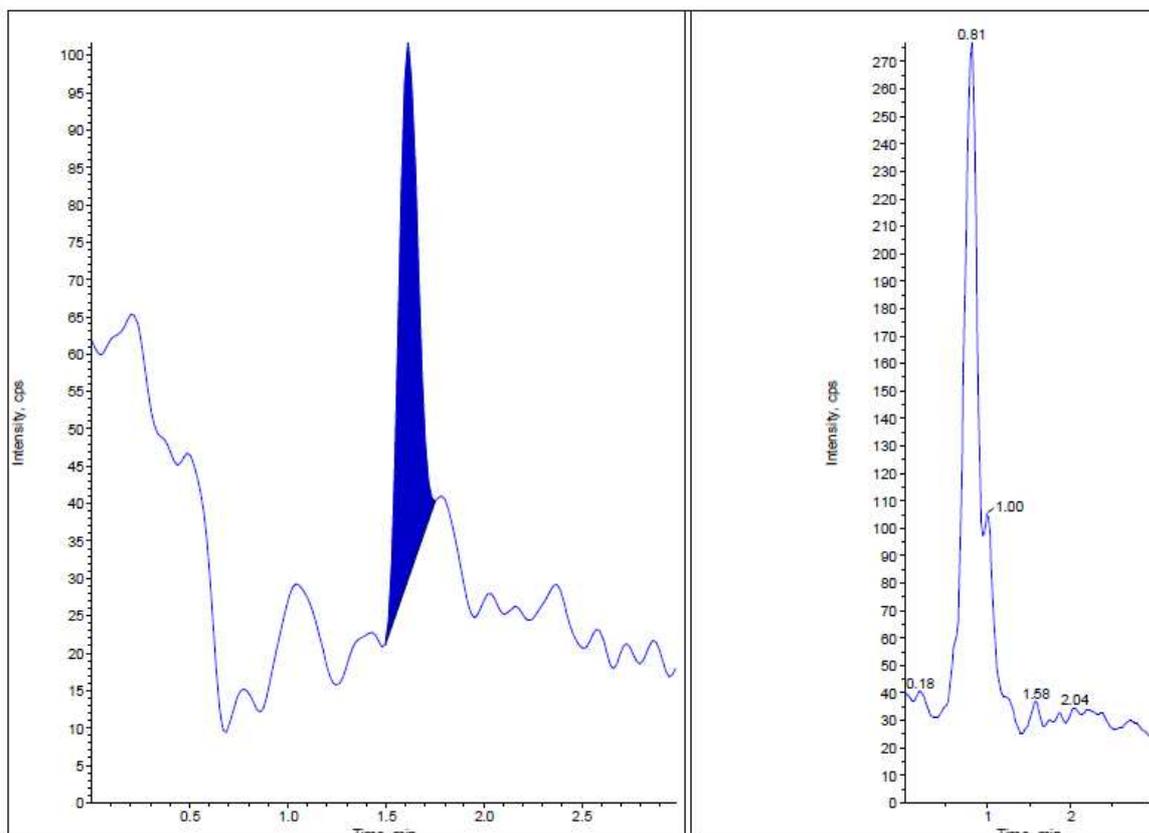


Fig.3 Blank plasma chromatogram of Valsartan and Valsartan D9 in Rat plasma.

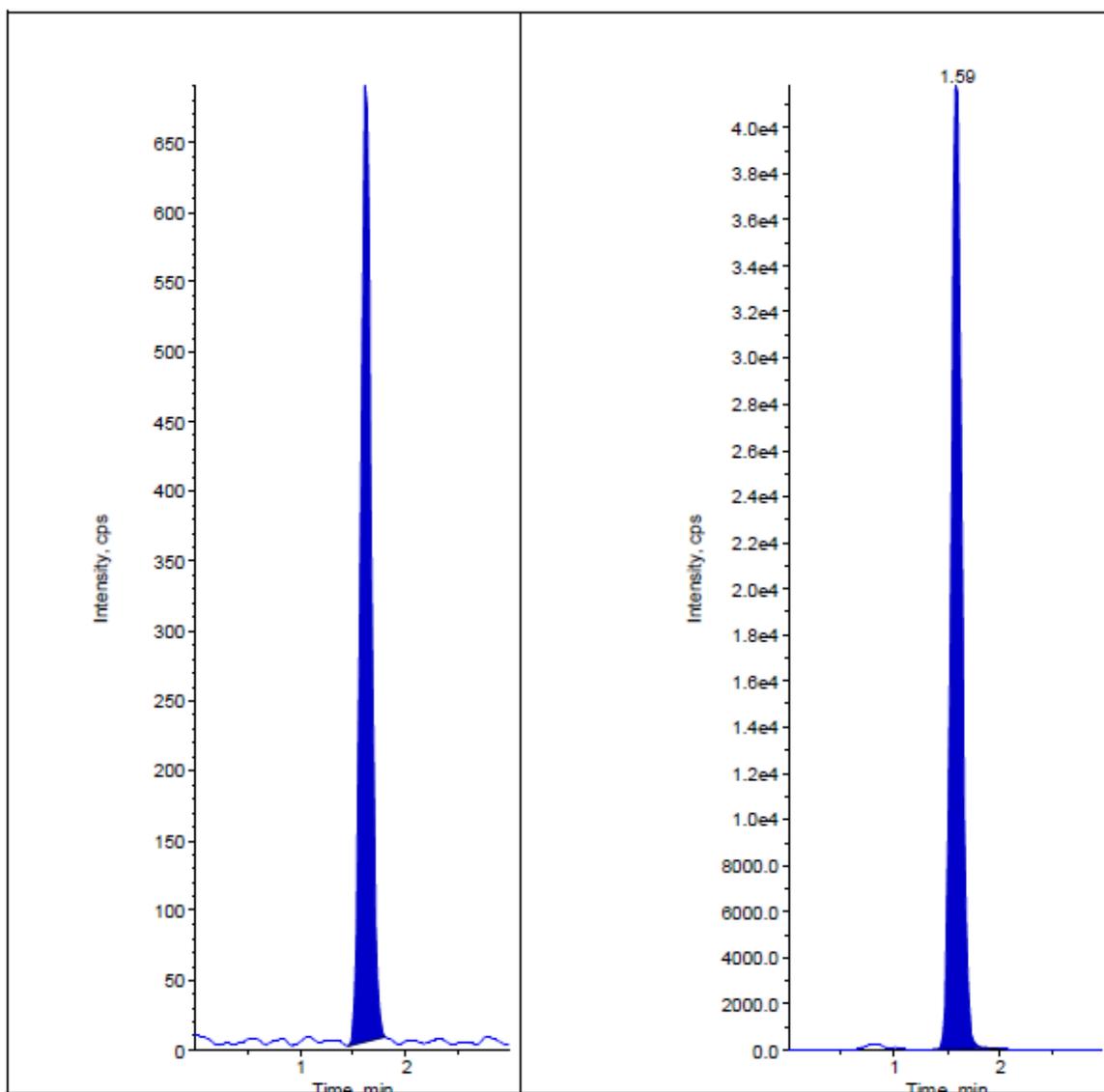


Fig.4. LLOQ chromatogram of Valsartan and Valsartan D9 in Rat plasma.

### 3.2.2. Matrix Effect

The CV % of ion suppression/enhancement in the signal was found to be 1.26% at LQC level and 2.04% at HQC level for Valsartan, indicating that the matrix effect on the ionization of analyte is within the acceptable range under these conditions.

### 3.2.3. Linearity

The peak area ratios of calibration standards were proportional to the concentration of Valsartan in each assay over the nominal concentration range of 5.00-10000.00 ng/mL. The calibration curves appeared quadratic and were well described by least-squares regression lines. As compared to the  $1/x$  weighing factor, a weighing factor of  $1/x^2$  properly achieved the best result and was chosen to achieve homogeneity of variance. The correlation coefficient was  $\geq 0.9850$  for Valsartan. The observed mean back-calculated concentration with accuracy and precision (% CV) of five linearity's analyzed during method validation is given in Table 1. The deviations of the back calculated values from the nominal standard concentrations were less than 15%. This validated linearity range justifies the concentration observed during real sample analysis.

**Table 1. Calibration curve details**

Concentration (ng/ml)	Mean $\pm$ SD	%CV	Accuracy
5.00	5.07 $\pm$ 0.13	2.66	101.48
10.00	9.75 $\pm$ 0.51	5.26	97.48
50.00	49.00 $\pm$ 0.96	1.95	98.00
100.00	98.64 $\pm$ 1.54	1.56	98.64
500.00	504.60 $\pm$ 5.22	1.04	100.92
1000.00	1003.40 $\pm$ 22.52	2.24	100.34
2000.00	2012.00 $\pm$ 25.88	1.29	100.60
4000.00	4126.00 $\pm$ 51.28	1.24	103.15
6000.00	6050.00 $\pm$ 104.88	1.73	100.83
8000.00	8096.00 $\pm$ 176.44	2.18	101.20
10000.00	9708.00 $\pm$ 106.40	1.10	97.08

**3.2.4. Precision and accuracy**

The inter-run precision and accuracy were determined by pooling all individual assay results of replicate ( $n = 6$ ) quality control over five separate batch runs analyzed on four different days. The inter-run, intra-run precision (% CV) was  $\leq 5\%$  and inter-run, intra-run accuracy was in between 85-115% for Valsartan. All these data presented in Table 2 indicate that the method is precise and accurate.

**Table 2. Within-Run and Between-Run Precision and Accuracy**

Spiked plasma concentration (ng/mL)	Within-run n=6			Between-run n=36		
	Mean $\pm$ S.D.	Precision (CV %)	Accuracy	Mean $\pm$ S.D.	Precision (CV %)	Accuracy
5.00	4.79 $\pm$ 0.27	5.68	95.83	4.88 $\pm$ 0.39	8.00	97.54
15.00	13.97 $\pm$ 0.48	3.44	93.11	14.06 $\pm$ 0.57	4.04	93.73
3000.00	2878.33 $\pm$ 65.85	2.29	95.94	2903.33 $\pm$ 58.15	2.00	96.78
7000.00	6691.67 $\pm$ 97.45	1.46	95.60	6713.67 $\pm$ 103.01	1.53	95.91

**3.2.5. Recovery**

Six aqueous replicates (samples spiked in reconstitution solution) at low, medium and high quality control concentration levels for Valsartan were prepared for recovery determination, and the areas obtained were compared versus the areas obtained for extracted samples of the same concentration levels from a precision and accuracy batch run on the same day. The mean recovery for Valsartan was 96.23%, and the mean recovery for Valsartan D9 was 91.67%. This indicates that the extraction efficiency for the Valsartan as well as Valsartan D9 was consistent and reproducible.

**3.2.6. Reinjection reproducibility**

Reinjection reproducibility exercise was performed to check whether the instrument performance remains unchanged after hardware deactivation due to any instrument failure during real sample analysis. The change was less than 2.5% for LQC and HQC level concentration; hence batch can be reinjected in the case of instrument failure during real subject sample analysis. Furthermore, samples were prepared to be reinjected after 25.5 hours, which shows % change less than 2.1% for LQC and HQC level concentration; hence batch can be reinjected after 25.5 hours in the case of instrument failure during real subject sample analysis.

**3.2.7. Stabilities**

Stock solution stability was performed to check stability of Valsartan and Valsartan D9 in stock solutions prepared in methanol and stored at 2-8 °C in a refrigerator. The freshly prepared stock solutions was compared with stock solutions prepared before 18 days. The % change for Valsartan and Valsartan D9 were 0.03% and 1.05% respectively indicate that stock solutions were stable at least for 18 days. Bench top and autosampler stability for Valsartan was investigated at LQC and HQC levels. The results revealed that Valsartan was stable in plasma for at least 24 h at room temperature, and 65 h in an auto sampler at 20 °C. It was confirmed that repeated freezing and thawing (three cycles) of plasma samples spiked with Valsartan at LQC and HQC levels did not affect their stability. The long-term stability results also indicated that Valsartan was stable in a matrix up to 45 days at a storage temperature of -30 °C. The results obtained from all these stability studies are tabulated in Table 3.

Table 3: Stability of the samples

Spiked plasma concentration (ng/ mL)	Bench-top stability		Autosampler stability		Long term stability		Freeze & thaw stability	
	24 hr		65 hr		45 Days		Cycle 3 (48 hr)	
	Concentration measured (n=6) (ng/ mL) (mean $\pm$ S.D)	CV (%) (n=6)	Concentration measured (n=6) (ng/ mL) (mean $\pm$ S.D)	CV (%) (n=6)	Concentration measured (n=6) (ng/ mL) (mean $\pm$ S.D)	CV (%) (n=6)	Concentration measured (n=6) (ng/ mL) (mean $\pm$ S.D)	CV (%) (n=6)
15.00	14.28 $\pm$ 0.25	1.74	14.65 $\pm$ 0.27	1.87	14.63 $\pm$ 0.43	2.92	14.75 $\pm$ 0.52	3.56
7000.00	6845.00 $\pm$ 168.26	2.46	6791.67 $\pm$ 206.24	3.04	6636.67 $\pm$ 129.72	1.95	6861.67 $\pm$ 101.47	1.48

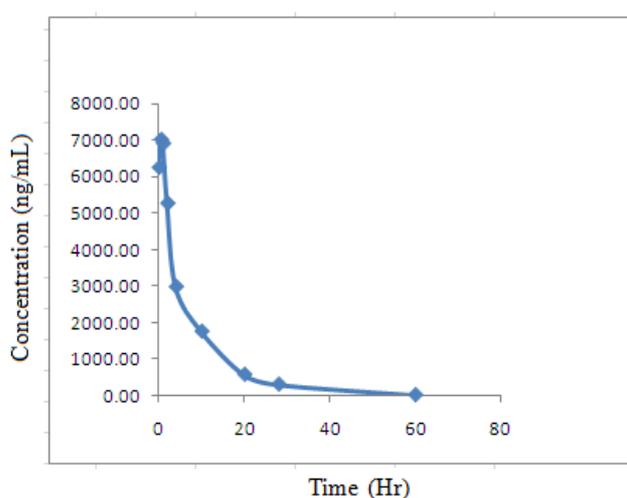


Fig 5: Mean plasma concentrations vs. time graph of Valsartan after intravenous administration of 2.88 mg/200g in male rat

Table.4. Mean pharmacokinetic parameters of Valsartan in rat plasma after intravenous administration of 2.88mg/200g male rat.

Pharmacokinetic Parameter	Valsartan
Cmax (ng/ mL )	7039.51
AUC <sub>0-t</sub> (ng · h/ml)	56139.55
AUC <sub>0-∞</sub> (ng · h/ml)	56365.29
Kel (h <sup>-1</sup> )	0.08913
Tmax (h)	0.25
Thalf (h)	7.78

*AUC<sub>0-∞</sub>*: area under the curve extrapolated to infinity;  
*AUC<sub>0-t</sub>*: area under the curve up to the last sampling time;  
*Cmax*: the maximum plasma concentration;  
*Tmax*: the time to reach peak concentration;  
*Kel*: the apparent elimination rate constant.

### 3.3. Application

The validated method has been successfully applied to quantify Valsartan concentrations in to a single dose (2.88mg/200g) in rats. Male Sprague-Dawley rats were obtained from Bionees, Bangalore. After i.v administration of drug via left femoral vein 0.2 ml of blood samples for analytical determinations were collected via the right

femoral vein at specific time intervals for 60 h. Plasma samples were stored at -30 °C until analysis. The study was carried out after approval from an independent animal ethics committee. The pharmacokinetic parameters evaluated were C<sub>max</sub> (maximum observed drug concentration during the study), AUC<sub>0-60</sub> (area under the plasma concentration–time curve measured 60 hours, using the trapezoidal rule), T<sub>max</sub> (time to observe maximum drug concentration), K<sub>el</sub> (apparent first order terminal rate constant calculated from a semi-log plot of the plasma concentration versus time curve, using the method of least square regression) and T<sub>1/2</sub> (terminal half-life as determined by quotient 0.693/K<sub>el</sub>). Pharmacokinetic details were shown in Table 4. The mean concentration versus time profile of Valsartan in rat plasma is shown in Fig.5.

### CONCLUSION

The proposed bio-analytical method is most specific, highly sensitive, rugged and reproducible. The major advantage of this method is rapid analysis time (3.0 min), less plasma volume (0.1 ml) usage for analysis, suitable internal standard usage. This method was successfully applied in Pharmacokinetic study to evaluate the plasma concentrations of Valsartan in healthy male rats.

### Acknowledgments

The authors are grateful to the Indian Institute of chemical technology, Hyderabad for Literature survey and AZIDUS, Chennai, India for their Lab facility of this research work.

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